

September 2020

# Edgeworth Park News

5501 Discovery Park Blvd – Williamsburg, Virginia



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## Fall is in the Air

It's just not Fall without slicing into some homemade apple pie and sitting by the bonfire with a mug of hot apple cider. So many of our favorite fall treats get their deliciously sweet, crisp flavor from handpicked apples straight off the trees of our beautiful and bountiful Southern orchards. A weekend outing to the orchard isn't all about picking apples though; it's getting to sample made-to-order apple cider donuts that melt in your mouth, run through a corn maze until your head is dizzy, and rack up enough apple butter and homemade jams to get you through the holiday season. Every year, we have to squeeze these adventures in sole, during the Fall but we're up for the challenge. According to Yelp, these Southern orchards are the best spots to visit this fall. Whether a bushel or a peck, any apple haul is guaranteed to be top-notch at these farms, and each orchard has special fall activities, festivals, or goodies that are second to none. So, bring on the apple fritters and hard cider; it's time for an apple picking adventure at the South's best orchards.



## Edgeworth Park Events

Check calendar for times & locations

September 3<sup>rd</sup> - Bowling Day

Enjoy outdoor bowling and concession stand

September 7<sup>th</sup> - Labor Day

Celebrate the Holiday with Games, Food & Fun

September 13<sup>th</sup> - Grandparents Day

Ice Cream Social

September 13<sup>th</sup> - 19 - Assisted Living Week

“Caring is Essential”

Join us for a spirit filled Carnival Week!

Food, Cake Walk, Games, Prizes Raffles and More!

September 17<sup>th</sup> - Country Music Day

Great Music & Trivia

Dress as your favorite musician!

September 28<sup>th</sup> - Good Neighbor Day!



One of Our Owners, Scott Wise  
Performs

September 17<sup>th</sup> for Country Music Day!



Where did the Summer Go?

Join us for a Labor Day BBQ

Monday Sept. 7<sup>th</sup> 11-1



Executive Chef, Dan Carr will be preparing all your Holiday favorites!

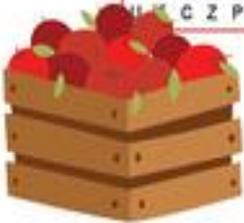




**Apple Word Search** 

**DIRECTIONS:** Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

BASKET	G	F	O	P	F	Z	U	C	T	M	C	T	W	T	N	T	Z	E	N	
BITE	W	L	C	E	I	J	R	A	Y	A	Z	M	O	K	P	L	T	I		
CIDER	Z	X	R	A	C	H	N	U	D	M	B	S	J	W	M	X	R	I	M	
COBBLER	P	B	I	S	I	B	Z	N	W	X	R	R	M	Q	T	W	R	B	T	
CORE	M	S	S	Q	U	C	J	C	V	L	L	E	E	P	I	B	Q	C	B	
CRISP	S	O	P	B	J	R	Q	H	J	E	B	T	U	G	H	D	O	L	A	
CRUNCHY	N	E	D	L	O	G	O	Y	Q	A	R	T	X	E	T	B	N	N	B	
PRETTERS	S	T	D	Z	Q	W	O	S	I	V	L	I	W	V	B	R	C	Z	M	
GOLDEN	W	E	U	I	O	Q	Q	Z	D	E	B	R	B	L	V	Q	E	N	R	
GREEN	O	E	R	R	K	E	N	Q	B	S	H	F	E	Q	P	P	B	E	N	
HARVEST	O	W	M	B	A	Z	L	U	B	Y	A	R	W	K	U	A	Z	O	I	
JUICE	S	S	F	V	N	C	I	D	E	R	R	H	O	G	S	A	P	Q	G	
LEAVES	M	F	L	A	T	E	G	Q	H	S	V	Z	K	K	T	V	R	F	Z	
ORCHARD	W	O	M	G	S	P	E	S	E	D	E	E	S	E	G	Z	F	E	E	P
	K	C	I	P	U	E	Y	R	L	W	S	T	S	R	Q	U	I	S	Q	
	I	L	G	N	T	I	L	R	G	S	T	L	D	R	A	H	C	R	O	
	S	L	C	O	X	B	J	E	C	W	B	P	I	D	G	M	K	D	S	
	F	V	N	B	R	T	O	D	O	S	R	R	I	C	S	B	Z	V	H	
	H	C	Z	P	E	V	A	R	I	E	T	Y	E	E	U	Q	J	W		



PEEL	SLICE
PICK	SWEET
PIE	TREE
RED	VARIETY
SEEDS	WORM

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Shining Stars  
Taneisha & Leenae  
Thank You For All That You Do!



Cooking with Kim & Alexis  
Tuesday Sept. 21<sup>st</sup>  
Mini Apple Pies



Cooking with Kim & Alexis  
Tuesday Sept. 28<sup>th</sup>  
Apple Bread

Happy Birthday!



September Birthdays

Staff

- Tabitha Shivers, RMA 9/13
- Karen Beadle, CNA 9/20
- Kathy Sallie, RMA 9/24

## Leaf-Peepers Delight

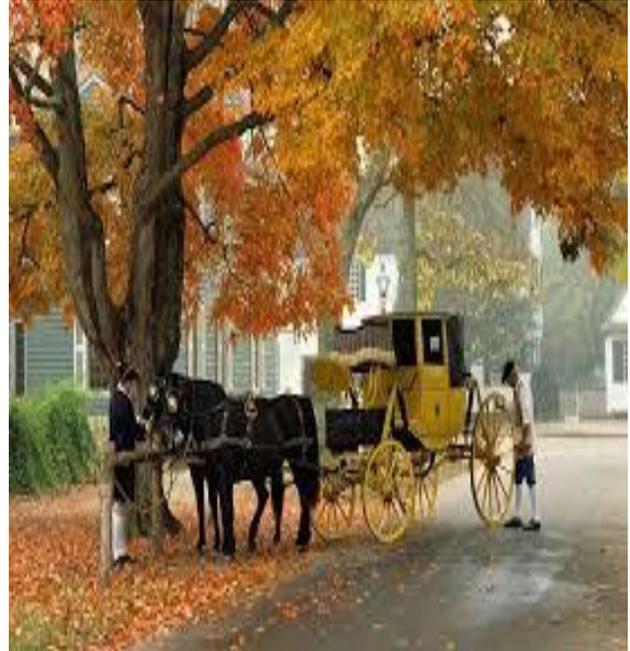


By the last weekend of September, Fall Foliage Week, you have likely noticed that the weather has begun to cool and leaves have started changing from green to shades of yellow,

orange, and red. This dramatic transformation is the result of a careful and complex chemistry occurring within the leaves.

Throughout the summer months, tree leaves are hard at work, photosynthesizing thanks to chlorophyll. Not only does chlorophyll absorb sunlight and convert light energy to the chemical energy plants need to survive but they also give leaves their green color. But leaves also contain carotenoids, plant pigments that create hues of yellow and orange. Dominant chlorophyll normally covers up the carotenoids, but as the weather cools and days grow shorter, chlorophyll degrades and fades. Suddenly, the yellows and oranges of the carotenoids become dominant. But what of the brilliant red hues? The color red is the result of a pigment produced in autumn called *anthocyanin*. Cool nights stimulate the production of sugars within trees, and this stimulates the leaves to produce anthocyanin. Weather conditions in late summer, such as drought, heavy rain, or too many clouds, can affect the production of sugars and the resulting anthocyanin, either resulting in eye-popping (more sugar) or dull reds (less sugar). Dedicated leaf peepers enjoy nature's show regardless.

New England enjoys fame as a prime leaf-peeping destination, thanks to its leafy forests and chilly September nights, a combination that produces excellent fall foliage displays. Yet plenty of other places around the world offer excellent fall foliage. Japan is a prime spot for leaf-peeping, especially the northernmost island of Hokkaido, where leaves begin to turn as early as mid-September. Romania's Carpathian Mountains offer another excellent destination, especially the alluring Lake Sfânta Ana. No matter where you go, if there are leaves and chilly nights, then you are bound to find some spectacular fall foliage.

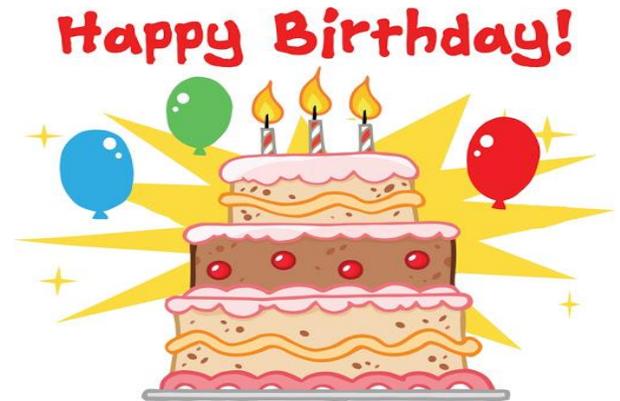


**Friday Van  
Rides  
Sept. 4<sup>th</sup>  
Colonial  
Williamsburg**



Hello Edgeworth Park Family!! I hope everyone is doing well and staying healthy. As many of you know, the main reason I chose to join the team here was because of all of YOU. The Edgeworth Park family is special and we continue to look for ways to grow our family. We are accepting new residents with added precautions to keep everyone safe. We are very proud of our new procedures and how we have led the charge for a safe move-in process. We want to remind you about our Friends and Family program. If you know someone looking for assisted living OR memory care, please refer them! Make sure to tell them to mention your name so we can make note on our end. You will receive \$1,000 off your monthly rent after your friend has lived in our community for 60 days. They too will receive \$1,000 off their monthly rent. We appreciate your help and support of our family. Our community is one of a kind. And we look forward to sharing the Edgeworth Park Difference with our new residents and their families. If you have any questions about this, please do not hesitate to call me at (757) 345-5005 or email me at [marketing@edgeworthpark.com](mailto:marketing@edgeworthpark.com). Lastly, if you have a friend or family member that you would like me to reach out too... I am happy to do that as well. Thanks again for making the Edgeworth Park Difference.

-Victoria Bowen, Sales and Marketing Director



## September Birthday's Residents

Lucille S. 9/17

Catherine H. 9/18

Clarissa Y. 9/29