

Sample Menu



BREAKFAST

Biscuits and Sausage Gravy
Oatmeal
French Toast
Muffins
Bagels
Chilled Yogurt
Assorted Cold Cereal
Fruit

LUNCH

Glazed Salmon Spinach Salad
Taco Salad
Half Sandwich and Daily Soup
Chicken or Albacore Tuna Salad Sandwich
Grouper or Oyster Po' Boy
Angus Cheeseburger
Vegetable Plate



DINNER MENU

Chef Salad
Pork Loin Stuffed with Sundried Tomatoes
Pecan Crusted Chicken Breast
Oven Roasted Grouper
Shrimp & Crab Dinner
Vegetable Plate

Sides: Black-Eyed Peas, Beets,
Steamed Carrots, Cinnamon Braised Apples,
Fried Okra, Sweet Corn, Baked Potato

DESSERTS

Pound Cake with Strawberry Sauce & Whipped Cream
Brownie Sundae with Vanilla Ice Cream & Chocolate Sauce
Vanilla Ice Cream
No-sugar-added Butter Pecan Ice Cream
Other sugar-free desserts available



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All meals are served with a choice of coffee, tea, iced tea, milk and assorted juices.

